

Eton Academy Monthly Newsletter - Welcome! May 2024

Dear Parents and Guardians,

Springtime Greetings from Eton Academy! Welcome to the May 2024 edition of our newsletter! As the vibrant colours of spring unfold across the UK, we at Eton Academy embrace a season of renewal and reflection. Though our students join us online from various parts of the world, springtime offers a universal invitation to consider personal and academic growth. This period of rejuvenation encourages us all to spend time reflecting on the year's progress and to set new goals. As the natural world around us blooms, we invite our international community to take inspiration from these changes, using this time to nurture your aspirations and celebrate your achievements, wherever you are.



Primary and Lower Secondary Parents' Meeting

Thanks to all who attended the parents meeting! It was lovely to see you. The meeting was a wonderful opportunity to connect with each of you personally, discussing the progress and achievements of your children. It was inspiring to see the strong partnerships between parents and teachers, as we work together to support our students' educational journeys..

Mental Health Awareness Week: Moving More for Our Mental Health (13th-19th May)



This #MentalHealthAwarenessWeek (13th-19th May), is focussing on "Movement: Moving more for our mental health."

We are encouraging each family to integrate simple, fun physical activities into their daily routines. Why not start each day with a family stretch session or a brief yoga routine? Let's move together to support our mental and physical health! Get more tips from the Mental Health Foundation: mentalhealth.org.uk/movement-tips

During #MentalHealthAwarenessWeek we'll be inviting Miss Charlotte, a Mental Health Support Volunteer, to join us for some sessions with the students to discuss mental health and what we can do to build resilience and look after our mental wellbeing.

Parent Feedback

Your feedback is extremely important to us! Please take a moment to let us know your thoughts through our parent feedback form [here](#).

Good luck to Grade 10 for their mock exams!

As our Grade 10 students prepare for their mock exams this week, we want to ensure they have the best possible foundation for success. Here are a few tips to help them excel: First, establish a consistent study schedule to enhance focus and retention. Utilise online resources such as [Save My Exams](#) for detailed study notes and past papers tailored to their courses, and [Quizlet](#) for customizable flashcards and practice tests. Remember, mock exams are a great opportunity to identify areas that need improvement before the real tests, so approach them with a mindset of growth and learning. Encourage your child to discuss any challenging topics with their teachers or peers, fostering a collaborative learning environment. Lastly, ensure they get plenty of rest the night before exams— a well-rested mind performs best!



Other upcoming events

- Monday 6th May - Early May Bank Holiday (UK OFFICE CLOSED)
- 13th-19th May - Mental Health Awareness Week
- Monday 27th May - Spring Bank Holiday (UK OFFICE CLOSED)
- Monday 27th May - Friday 31st May - Half term

Warm Regards

Dr Gabrielle Hargreaves
Principal



Do you have an idea or suggestion for our newsletter? Submit it [HERE](#).

Key Contacts

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